

Grilled Fruit

Makes: 3 Servings

Ingredients

- 1 cup pineapple chunks
- 1 peach (cubed)
- 1 banana (sliced)

Directions

- 1. Place fruit chunks on a skewer to make kabobs.
- 2. Grill or broil on low heat until the fruit is hot and slightly golden.

Notes

If using wooden skewers, thoroughly soak skewers in water prior to using to prevent burning (approximately 30 minutes).